

Compare vs. **ONE A DAY[®] WOMEN'S FORMULA[‡]**

Questions or Comments?

We would love to hear about your Member's Mark experience! In the continental U.S. or Canada, you can call us at 1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday.

HEALTH BENEFITS



Women's Daily Multivitamin Dietary Supplement

1
TABLET PER DAY

- May support heart health*
- May support immune health*
- May support bone health*
- Delivers 1,000 mcg of Biotin per day

275 TABLETS



ACTUAL SIZE

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin A 700 mcg (10% as beta-carotene)	78%
Vitamin C 75 mg	83%
Vitamin D3 25 mcg (1000 IU)	125%
Vitamin E 7.5 mg	50%
Vitamin K1 25 mcg	21%
Thiamin 1.2 mg	100%
Riboflavin 1.3 mg	100%
Niacin 16 mg	100%
Vitamin B6 1.7 mg	100%
Folate 680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 6 mcg	250%
Biotin 1000 mcg	3333%
Pantothenic Acid 5 mg	100%
Calcium 380 mg	29%
Iron 18 mg	100%
Iodine 150 mcg	100%
Zinc 8 mg	73%
Selenium 27.5 mcg	50%
Copper 0.9 mg	100%
Manganese 1.8 mg	78%
Chromium 25 mcg	71%

INGREDIENTS: CALCIUM CARBONATE, MICROCRYSTALLINE CELLULOSE, STARCH, ASCORBIC ACID, FERROUS FUMARATE. CONTAINS 2% OR LESS OF BETA-CAROTENE, BHT, BIOTIN, CARBOXYMETHYLCELLULOSE SODIUM,

CHOLECALCIFEROL, CHROMIUM CHLORIDE, CUPRIC OXIDE, CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, *d,l*-ALPHA TOCOPHEROL, *d,l*-ALPHA TOCOPHERYL ACETATE, DL-TARTARIC ACID, FD&C BLUE NO. 2 LAKE, FD&C YELLOW NO. 5 LAKE - TARTRAZINE, FD&C YELLOW NO. 6 LAKE, FOLIC ACID, GELATIN, GLUCOSE, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, MAGNESIUM STEARATE, MALTODEXTRIN, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, NICOTINAMIDE, PHYTONADIONE, POLYDEXTROSE, POLYETHYLENE GLYCOL, POLYVINYL ALCOHOL, POTASSIUM CHLORIDE, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SULFATE, SODIUM ASCORBATE, SODIUM BENZOATE, SODIUM SELENITE, SORBIC ACID, STEARIC ACID, SUGAR, SUNFLOWER OIL, THIAMINE MONONITRATE, TITANIUM DIOXIDE (COLOR), TOCOPHEROL, TRICALCIUM PHOSPHATE, ZINC OXIDE.

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PRODUCT OF CHINA
BOTTLED IN THE UNITED STATES

Suggested Use: Adults, take one tablet daily with food as a dietary supplement.

Keep out of the reach of children. Store at 15° - 30°C (59° - 86°F).

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

- ✓ NO ARTIFICIAL FLAVORS
- ✓ NO GLUTEN
- ✓ NO LACTOSE

Contains FD&C Yellow No. 5 Lake - Tartrazine as a color additive.

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

†One A Day[®] is a registered trademark of Bayer HealthCare LLC. This product is not made by Bayer

Tablet color may vary.
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