HEALTH BENEFITS

BONE*





Vitamin D₃
Dietary Supplement

125 mcg PER SOFTGEL PER DAY

Promotes calcium absorption*
Contains 5000 IU Vitamin D3



ACTUAL SIZE



400 SOFTGELS

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

% Daily Value

Vitamin D 125 mcg (5,000 IU) (as D₃ Cholecalciferol)

625%

OTHER INGREDIENTS: Soybean Oil, Gelatin, Vegetable Glycerin, Corn Oil.

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Suggested Use: For adults, take one (1) softgel daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Nutrition Information: Vitamin D is an essential nutrient that works with Calcium to support healthy bones and teeth.* This high-potency Vitamin D supplement assists in maintaining a healthy immune system.* Supplementing with Vitamin D3 125 mcg (5000 IU) is an easy and convenient way to increase your daily Vitamin D intake.

This product does not contain FD&C colors or dyes

Keep out of the reach of children. Store at room temperature, tightly closed and avoid excessive heat.

Warning: This high dose product is intended for those

deficient in Vitamin D as determined and recommended

by their physicians. Do not take if you are pregnant or

breastfeeding or have kidney disease, hypercalcemia,

cancer, sarcoidosis or other granulomatous disorders, unless directed by your physician. Discontinue use and consult your doctor if any adverse reactions occur.

NO SUGAR • NO SYNTHETIC DYES • NO MILK OR MILK DERIVATIVES

NO LACTOSE • NO WHEAT

NO ARTIFICIAL FLAVORS

NO PRESERVATIVES • NO GLUTEN

Tamper resistant: Do not use if seal under cap is broken or missing.

NO YEAST • NO SODIUM (LESS THAN

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

5 MG PER SERVING)

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