

B-Complex SAP™ provides a complete combination of essential B vitamins to support healthy adrenal, cardiovascular, neurological, immune, and stress-related functions.* **B-Complex SAP™** contains the flush-free form of vitamin B₃, and activated enzyme forms of vitamins B₂, B₆, B₁₂, and folate for enhanced bioavailability and optimal nutritional status.*

All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity.

Directions for use: Adults: Take 1 capsule daily with a glass of water or juice or as directed by your healthcare practitioner.

Contains no: Gluten, soy, wheat, corn, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, starch, or sugar.

This product is non-GMO and vegan friendly.

Do not use if seal is broken. Keep out of reach of children.

Color, size and smell may vary from one lot to another.

This product is very sensitive to heat and humidity. Store in a cool and dry place. Do not remove silica pack. Ensure lid is closed properly after each use.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NPN 80046939



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B-Complex SAP

B Vitamins

DIETARY SUPPLEMENT

60 CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings: 60

	Amount Per Serving	% Daily Value
Thiamin (Vitamin B ₁ ; from thiamin hydrochloride)	50 mg	4167%
Riboflavin (Vitamin B ₂ ; from riboflavin-5'-phosphate sodium)	25 mg	1923%
Niacin (from 75 mg of inositol hexanicotinate, flush-free)	60 mg NE	431%
Vitamin B ₆ (from pyridoxal-5'-phosphate)	10 mg	588%
Vitamin B ₉ (from pyridoxine hydrochloride)	50 mg	2941%
L-Methylfolate (from calcium L-5-methyltetrahydrofolate)	850 mcg DFE	213%
Vitamin B ₁₂ (methylcobalamin)	500 mcg	20833%
Biotin	200 mcg	667%
Pantothenic acid (from calcium D-pantothenate)	100 mg	2000%

** Daily Value not established.

Other ingredients: Vegetable magnesium stearate, silicon dioxide and microcrystalline cellulose in a capsule composed of vegetable hypromellose and purified water.

MADE IN CANADA

NFH - NUTRITIONAL FUNDAMENTALS FOR HEALTH INC.

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