



AMAZING HERBS®

BLACK SEED™

Whole Premium
Black Cumin Seed

GREAT IN SMOOTHIES, JUICES
YOGURT AND MORE

— NET WT 4 OZ (113g) —

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 tsp (6g)

Servings Per Container 19

Amount Per Serving	%DV
Calories 20	
Total Fat 1 g	1%*
Total Carbohydrate 3 g	1%*
Dietary Fiber 2 g	8%*
Protein <1 g	2%*
Calcium 41 mg	3%
Iron 1 mg	4%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: WHOLE BLACK CUMIN SEED (*NIGELLA SATIVA*).



PACKED IN THE USA BY
AMAZING HERBS
BUFORD, GA 30518
1-800-241-9138



Item#36108
VEGAN • HALAL
Naturally Gluten Free

Black Cumin Whole Seed

Amazing Herbs Whole Premium Black Cumin Seed is NON-GMO, NON-Irradiated, pesticide and gluten-free.

SUGGESTED USE: Adds a bit of peppery zest to foods. Use instead of black pepper. Sprinkle on foods like soups, salads, meats, vegetables, or pasta.

Contains no preservatives. Store in a cool, dark place away from moisture, direct heat & sunlight.



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100% PURE WHOLE PREMIUM BLACK SEED