

Whole Seed



AMAZING HERBS™

BLACK SEED™

Premium Whole
Black Cumin Seed

*Great in Smoothies, Juices
Yogurt and More*

**NON-GMO • NON-Irradiated
Naturally Gluten Free**

Nigella Sativa Seeds

— NET WT 80 OZ (5 LBS) 2.27 kg —

DIETARY SUPPLEMENT



Whole Black Cumin Seed

Supplement Facts

Serving Size 1 tsp (5g)
Servings Per Container 378

Amount Per Serving	%DV
Calories 20	
Total Fat 1 g	1%*
Total Carbohydrate 3 g	1%*
Dietary Fiber 2 g	8%*
Protein <1 g	2%*
Calcium 41 mg	3%
Iron 1 mg	4%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: WHOLE BLACK CUMIN SEED (NIGELLA SATIVA).



PACKED IN THE USA BY
AMAZING HERBS
BUFORD, GA 30518
1-800-241-8138

Amazing Herbs Whole Premium Black Cumin Seed is
NON-GMO, NON-Irradiated, pesticide and gluten-free.

SUGGESTED USE: Adds a bit of peppery zest to foods.
Use instead of black pepper. Sprinkle on foods
like soups, salads, meats, vegetables, or pasta.

Contains no preservatives. Store in a cool, dark place away from
moisture, direct heat & sunlight.



Item#86180

VEGAN • HALAL
Naturally Gluten Free

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