

Compare vs. **ONE A DAY® MEN'S HEALTH FORMULA#**

Questions or Comments?

We would love to hear about your Member's Mark experience! In the continental U.S. or Canada, you can call us at 1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday.

HEALTH BENEFITS



ACTUAL SIZE



Men's Daily Multivitamin Dietary Supplement

May support heart health*

May support immune health*

May support energy metabolism*

275 TABLETS

1
TABLET
PER DAY

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Total Carbohydrate < 1 g	< 1%**
Vitamin A 1050 mcg (14% as beta-carotene)	117%
Vitamin C 60 mg	67%
Vitamin D3 17.5 mcg (700 IU)	88%
Vitamin E 10.1 mg	67%
Vitamin K1 20 mcg	17%
Thiamin 1.35 mg	113%
Riboflavin 1.7 mg	131%
Niacin 18 mg	113%
Vitamin B6 3 mg	176%
Folate 680 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 18 mcg	750%
Biotin 75 mcg	250%
Pantothenic Acid 16 mg	320%
Calcium 210 mg	16%
Magnesium 140 mg	33%
Zinc 15 mg	136%
Selenium 110 mcg	200%
Copper 2 mg	222%
Manganese 2 mg	87%
Chromium 120 mcg	343%
Lycopene 300 mcg	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

INGREDIENTS: CALCIUM CARBONATE, MAGNESIUM OXIDE, MICROCRYSTALLINE CELLULOSE, SORBITOL, STARCH, ASCORBIC ACID, MALTODEXTRIN, SODIUM STARCH GLYCOLATE, CONTAINS 2% OR LESS OF ASCORBYL PALMITATE, BETA-CAROTENE, BHT, BIOTIN, CARBOXYMETHYLCELLULOSE, SODIUM, CHOLECALCIFEROL, CHROMIUM CHLORIDE, CUPRIC OXIDE, CYANOCOBALAMIN, D-CALCIUM PANTOTHEATE, d-ALPHA TOCOPHEROL, d-ALPHA TOCOPHERYL ACETATE, DL-TARTARIC ACID, FOLIC ACID, GELATIN, GLUCOSE, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, LYCOPENE, MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, NICOTINAMIDE, PHYTONADIONE, POLYVINYL ALCOHOL, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE, SODIUM BENZOATE, SODIUM SELENITE, SORBITOL, SUCROSE, SUNFLOWER OIL, THIAMINE MONONITRATE, TOCOPHEROLS, TRICALCIUM PHOSPHATE, ZINC OXIDE.

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BENTONVILLE, AR 72716

PRODUCT OF CHINA
BOTTLED IN THE UNITED STATES

Suggested Use: Adults, take one tablet daily with food as a dietary supplement.

Keep out of the reach of children. Store at 15° - 30°C (59° - 86°F).

Warning: Individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

- ✓ NO SYNTHETIC DYES
- ✓ NO ARTIFICIAL FLAVORS
- ✓ NO GLUTEN
- ✓ NO LACTOSE

Safety-sealed. Do not use if printed seal under cap is cut, torn, or missing.

#One A Day® is a registered trademark of Bayer HealthCare LLC. This product is not made by Bayer.

Tablet color may vary.

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