

Compare vs. **CENTRUM® SILVER® ADULTS 50+†**

Questions or Comments?

We would love to hear about your Member's Mark experience! In the continental U.S. or Canada, you can call us at 1-888-698-5034 from 8:30 a.m. to 5:00 p.m. EST Monday - Friday.

HEALTH BENEFITS



Adults 50+ Multivitamin

Dietary Supplement

May support heart health*

May support immune health*

May support eye & bone health*

1
TABLET
PER DAY

400 TABLETS

ACTUAL SIZE

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 750 mcg (40% as beta-carotene)	83%	Iodine 150 mcg	100%
Vitamin C 60 mg	67%	Magnesium 50 mg	12%
Vitamin D3 25 mcg (1000 IU)	125%	Zinc 11 mg	100%
Vitamin E 22.5 mg	150%	Selenium 19 mcg	35%
Vitamin K 30 mcg	25%	Copper 0.5 mg	56%
Thiamin 1.5 mg	125%	Manganese 2.3 mg	100%
Riboflavin 1.7 mg	131%	Chromium 50 mcg	143%
Niacin 20 mg	125%	Molybdenum 45 mcg	100%
Vitamin B6 3 mg	176%	Chloride 72 mg	3%
Folate 680 mcg DFE (400 mcg folic acid)	170%	Potassium 80 mg	2%
Vitamin B12 25 mcg	1042%	Silicon 2 mg	**
Biotin 30 mcg	100%	Vanadium 10 mcg	**
Pantothenic Acid 10 mg	200%	Lutein 250 mcg	**
Calcium 220 mg	17%	Lycopene 300 mcg	**
Phosphorus 20 mg	2%	**Daily Value (DV) not established.	

INGREDIENTS: CALCIUM CARBONATE, POTASSIUM CHLORIDE, DICALCIUM PHOSPHATE, MAGNESIUM OXIDE, ASCORBIC ACID, GELATIN, α -ALPHA-TOCOPHERYL ACETATE, MICROCRYSTALLINE CELLULOSE, MALTODEXTRIN, CONTAINS 2% OR LESS OF ASCORBYL PALMITATE, BETA-CAROTENE, BHT, BIOTIN, CALCIUM SILICATE, CARNAUBA WAX, CHOLECALCIFEROL, CHROMIUM PICOLINATE, CROSCARMELLOSE SODIUM, CROSPVIDONE, DEXTROSE, α -ALPHA-CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, DEXTROSE, FD&C YELLOW NO. 6 LAKE, FOLIC ACID, GLUCOSE SYRUP, GLYCERIN, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, LUTEIN, LYCOPENE, MAGNESIUM

STEARATE, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, MINERAL OIL, NATURAL MIXED TOCOPHEROLS, NIACINAMIDE, PHYTONADIONE, POLYDEXTROSE, POLYETHYLENE GLYCOL, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, SODIUM ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE, SODIUM BENZOATE, SODIUM METAVANADATE, SODIUM MOLYBDENUM, SODIUM SELENATE, SORBIC ACID, STARCH, STEARIC ACID, SUGAR, TARTARIC ACID, THIAMINE MONONITRATE, TITANIUM DIOXIDE (COLOR), TRICALCIUM PHOSPHATE, ZINC OXIDE.

DISTRIBUTED BY SAM'S WEST, INC.
BENTONVILLE, AR 72716

BOTTLED IN THE UNITED STATES
Suggested Use: Adults - One tablet daily with food as a dietary supplement. Do not exceed suggested use.

Nutritional Information: May help promote and support healthy normal body structure and function throughout life.*
Bone Health - Calcium, vitamin D3 and magnesium may help maintain healthy bones.*

Eye Health - Vitamins A, C, and E and zinc may support healthy eyes.*

Energy - B vitamins may play an important role in energy metabolism.*

Immunity - Vitamins A and C plus zinc may support a healthy immune system.*

Keep out of the reach of children. Store at 15°-30°C (59°-86°F).

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE

Safety-sealed. Do not use if printed seal under cap is torn, or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Centrum® Silver® are registered trademarks of Wyeth Holdings LLC. This product is not made by Wyeth Holdings, LLC. Tablet color may vary.