



AMAZING HERBS®

BLACK SEED™

Ground Premium
Black Cumin Seed

FINELY GROUND NIGELLA SATIVA

GREAT IN SMOOTHIES,
YOGURT & MORE

— NET WT 4 OZ (113g) —

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 tsp (3g)
Servings Per Container 38

Amount Per Serving	%DV
Calories 10	
Total Carbohydrate 2 g	<1%*
Dietary Fiber 1 g	4%*
Iron 0.5 mg	3%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: GROUND BLACK CUMIN SEED (*NIGELLA SATIVA*).



PACKED IN THE USA BY
AMAZING HERBS
BUFORD, GA 30518
1-800-241-9138



Item#86204

VEGAN • HALAL
Naturally Gluten Free

Amazing Herbs Premium Ground Black Cumin Seed is NON-GMO, NON-Irradiated, pesticide and gluten-free.

SUGGESTED USE: Adds a bit of peppery zest to foods. Use instead of black pepper. Sprinkle on foods like soups, salads, meats, vegetables, or pasta.

Contains no preservatives. Store in a cool, dark place away from moisture, direct heat & sunlight.



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