

Trifibe SAP-340™ is a viscous 3-fiber blend of oat beta-glucan, psyllium husk, and glucomannan designed to support healthy cholesterol levels, blood glucose levels, and weight management, promoting cardiovascular health.* Trifibe SAP-340™ helps to maintain gut regularity and intestinal health.* All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity.

Directions for use: Adults: Stir 2 rounded tablespoons (=10 g) into 8 oz. (250 ml) of water or juice once or twice daily or as directed by your healthcare practitioner. Follow immediately with another 8 oz. (250 ml) of water or juice. Consume plenty of water or juice daily while using Trifibe SAP-340™. **Not taking plenty of fluids may result in choking and/or blockage of the throat, esophagus or intestine and may cause constipation.** If you are taking other medications, take this product 1 hour before or after them. Trifibe SAP-340™ will thicken if left standing. **Do not take immediately before going to bed.**

Contains no: Soy, corn, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, starch, or sugar.

Cautions and warnings: Consult a healthcare practitioner prior to use if you are pregnant or breast-feeding or if you have diabetes. Loose stools, flatulence, diarrhea, and abdominal discomfort have been reported.

NOTICE: Do not eat this product if you have difficulty swallowing.

Known adverse reactions: If you experience chest pain, vomiting, or difficulty swallowing or breathing after taking this product, seek immediate medical attention. **This product is non-GMO and vegan friendly.**

Do not use if seal is broken. Keep out of reach of children. **Color and smell may vary from one lot to another.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Trifibe SAP-340

Fiber

Maintains Gut Regularity*

DIETARY SUPPLEMENT

NET WT 12 OZ (340 g)



Supplement Facts		
Serving Size: 2 Rounded Tablespoons (approx. 10 g)		Servings: Approx. 34
	Amount Per Serving	% Daily Value†
Calories	15	
Total Fat	0 g	0%
Total Carbohydrate	7 g	3%
Dietary Fiber	6 g	21%
Soluble Fiber	4 g	
Insoluble Fiber	2 g	
Protein	1 g	**
Calcium	7.8 mg	<1%
Iron	0.6 mg	3%
Magnesium	16.25 mg	4%
Zinc	0.4 mg	4%
Potassium	45.5 mg	<1%
Oat fiber (Avena sativa) (whole) extract, 22% beta-glucan	6.5 g	**
Psyllium (Plantago ovate) husk powder	2.5 g	**
Glucomannan (Amorphophallus konjac) root extract	1.0 g	**
† Percent Daily Values are based on a 2,000-calorie diet.		
** Daily Value not established.		