Suggested Use: Take 1 capsule daily with or without food, or as recommended by a Healthcare Practitioner.

Formulated without: GMOs, Gluten or Soy.

Warnings: Keep out of reach of children. As with all dietary supplements, it is recommended to consult with a healthcare professional before adding something new to your health and wellness regimen.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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LAKE AVENUE™ NUTRITION

Sunflower Phosphatidylserine 100 mg

Dietary Supplement

Supports Cognitive Health & Brain Function*

120 Veggie Capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

	Amount Per Serving	%Daily Value
Phosphatidylserine (from Sunflower Seeds)	100 mg	†

† Daily Value not established.

Other Ingredients: Rice, Hypromellose (Vegetable Capsule), Silicon Dioxide, and Magnesium Stearate.

Not manufactured with milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party cGMP facility that may process other products that contain these allergens or ingredients.

Lake Avenue Nutrition™ is a trademark of Madre Labs, LLC

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