

DIRECTIONS

AS A DIETARY SUPPLEMENT TAKE ONE (1) SOFTGEL TWICE A DAY. FOR BEST RESULTS TAKE 20-30 MIN BEFORE A MEAL WITH AN 8OZ. GLASS OF WATER OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL.

CAUTION: DO NOT EXCEED RECOMMENDED DOSE. PREGNANT OR NURSING MOTHERS, CHILDREN UNDER THE AGE OF 18, AND INDIVIDUALS WITH A KNOWN MEDICAL CONDITION SHOULD CONSULT A PHYSICIAN BEFORE USING THIS OR ANY DIETARY SUPPLEMENT.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

BOTTLED IN
FDA
REGISTERED
FACILITY



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LOT # AND EXPIRATION DATE
PRINTED ON BOTTOM OF BOTTLE.

V5R0

CUSTOM
HEALTH CENTERS



OMEGA III

BRAIN & HEART HEALTH AID*

DIETARY SUPPLEMENT

GLUTEN FREE • DAIRY FREE



Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 60

	Amount Per Serving	%DV
Calories: 12	Calories From Fat: 10	
Total Fat	1.2g	2%**
Cholesterol	12mg	3%
Fish Oil	1200mg	†
Omega-3	720mg	†
EPA	432mg	†
DHA	288mg	†

** Percent Daily Values based on a 2,000 calorie diet

† Daily Value (DV) not established

Other Ingredients: Gelatin, Glycerol, Water,
Natural Lemon Flavor.

Contains: Fish (Anchovy).

DISTRIBUTED BY:
CUSTOM HEALTH CENTERS

LAKE ORION, MI 48539

(844) 789-8446

WWW.CUSTOMHEALTHCENTERS.COM