

Suggested Use: Take 1 capsule daily with food, or as recommended by a Healthcare Practitioner.

Formulated Without: GMOs, Gluten or Soy.

Warnings: Keep out of reach of children. This product is not intended for use by pregnant or nursing women. Do not use this product while taking medication or if you have a medical condition without consulting a healthcare professional. St. John's Wort is known to interact with antidepressants, oral contraceptives, immunosuppressants, anticoagulants, anti-seizure, chemotherapeutic agents, and other prescription and over-the-counter medications. Due to the potential photosensitizing properties of St. John's Wort, avoid prolonged exposure to the sun.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**LAKE AVENUE™
NUTRITION**

St. John's Wort Extract

300 mg

Supports Positive Mood*

Dietary
Supplement

90 Veggie Capsules

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

	Amount Per Serving	%Daily Value
St. John's Wort Extract (<i>Hypericum perforatum</i>) (Aerial Parts) (0.3% Hypericin)	300 mg	†

† Daily Value not established.

Other Ingredients: Modified Cellulose (Veggie Capsule), Non-GMO Dextrin, Microcrystalline Cellulose, Silicon Dioxide, and Stearic Acid.

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, GMP facility that may process other products that contain these allergens or ingredients.

Lake Avenue Nutrition™ is a trademark of Madre Labs, LLC

Manufactured for: Madre Labs, LLC
301 N. Lake Ave., Ste. 600, Pasadena, CA 91101
Contact email: info@LakeAvenueNutrition.com
LakeAvenueNutrition.com

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