

Other ingredients: Fructose, citric acid, natural raspberry/cherry, orange and grape flavors, microcrystalline cellulose, natural color (annatto, curcumin, beet), vegetable cellulose, stearic acid, guar gum, calcium carbonate, ferrous fumarate, magnesium oxide, zinc oxide, potassium citrate, potassium iodide, magnesium stearate, spirulina, rose hips (*Rosa canina* fruit), whole brown rice, broccoli, spinach, mango fruit, carrot, West Indian cherry (*Malpighia glabra* fruit) and papaya fruit. Mineral aminoates are hypo-allergenic whole brown rice chelates.

Not manufactured with milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party cGMP facility that may process other products that contain these ingredients.

- **Essential Multi-Vitamins**
- **Fruits, Veggies & Brown Rice**
- **Absolutely No Animal Products**
- **No Artificial Colors**
- **No Artificial Preservatives**

Suggested Use: As a dietary supplement for children ages 4 and over, chew 2 tablets daily. For use by children under age 4, seek the advice of a pediatrician.

Warnings: Keep out of reach of children. Consulting with a pediatrician before the consumption of dietary supplements is advised. Exceeding the Suggested Use within a 24-hour period is not recommended.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Sealed for your protection. Do not use if seal is missing or broken. After opening, keep bottle tightly closed. Store in a cool, dry place.

Manufactured for & Distributed by: **Vitables™**
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Vitablekids.com | LREV0419cmv180 vtb1459

**GLUTEN
FREE**

CHEWABLE Vitables™

Assorted Fruit Flavors

MULTI-VITAMIN FOR CHILDREN



180 Vegetarian Tablets
Dietary Supplement

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

Amount Per Serving	% Daily Value for Children 1 through 3 Years of Age	% Daily Value for Adults and Children 4 or more Years of Age
Calories	10	
Total Carbohydrate	2 g	1%**
Total Sugars	2 g	8%**
Includes 2 g Added Sugars		4%*
Vitamin A (100% as beta carotene) (5000 IU)	1500 mcg RAE	500%
Vitamin C (as ascorbic acid)	60 mg	400%
Vitamin D3 (as cholecalciferol) (400 IU)	10 mcg	67%
Vitamin E (as d-alpha tocopheryl acetate) (30 IU)	20 mg	333%
Thiamin (vitamin B1) (as thiamine HCl)	1.5 mg	300%
Riboflavin (vitamin B2)	1.7 mg	340%
Niacin (as niacinamide)	20 mg	333%
Vitamin B6 (as pyridoxine HCl)	2 mg	400%
Folate (as calcium-L-5-methyltetrahydrofolate)	16.7 mcg DFE (10 mcg folic acid)	11%
Vitamin B12 (as methylcobalamin)	6 mcg	667%
Biotin	50 mcg	625%
Pantothenic Acid (as calcium pantothenate)	10 mg	500%
Calcium (as aminoate complex)	20 mg	3%
Iron (as aminoate complex)	5 mg	71%
Iodine (from kelp)	100 mcg	111%
Magnesium (as aminoate complex)	10 mg	13%
Zinc (as aminoate complex)	3 mg	100%
Copper (as aminoate complex)	0.05 mg	17%
Manganese (as aminoate complex)	0.05 mg	4%
Potassium (as aminoate complex)	1 mg	<1%
Pineapple Fruit	50 mg	†
Apple Fruit	50 mg	†
Sunflower Seed Oil	20 mg	†
Lemon Bioflavonoid Complex (from <i>Citrus limon</i> fruit)	20 mg	†
PABA (para-aminobenzoic acid)	400 mcg	†
Choline (as bitartrate)	10 mcg	†
Inositol	10 mcg	†

*Percent Daily Values are based on a 2,000 calorie diet.

**Percent Daily Values are based on a 1,000 calorie diet.

†Daily Value not established.

