

Supplement Facts continued from previous panel.

Other Ingredients: Purified Water, Fructose, Vegetable Glycerin, Citric Acid, Natural Flavors, Potassium Citrate, Potassium Sorbate (as Preservative), Xanthan Gum, Polysorbate 80 (as Emulsifier), and Grapefruit Seed Extract (*Citrus paradisi*).

Not manufactured with milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

Suggested Use: For Children 1 to 12 years, take 2 teaspoons (10 mL), or as suggested by a Pediatrician. Shake well before use. Give directly or mix with your child's favorite drink. Keep refrigerated after opening.

Warnings: Keep out of reach of children. Consulting with a Pediatrician before the consumption of Dietary Supplements is advised. Exceeding the Suggested Use within a 24-hour period is not recommended.

Sealed for your protection. Do not use if seal is missing or broken. Keep bottle tightly closed and store in a cool, dry place.

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**NO
ARTIFICIAL COLORS,
FLAVORS, OR
SWEETENERS**

LIQUID Vitables®

Orange Mango
Naturally Flavored

**MULTI VITAMIN
& MINERAL
FOR CHILDREN**

8 fl oz (237 mL)
Dietary Supplement



Supplement Facts

Serving Size 2 teaspoons (10 mL)
Servings Per Container About 24

	Amount Per Serving	% DV for Children 1-3 Yrs	% DV for Children 4-12 Yrs
Calories	10		
Total Carbohydrate	2 g	1%**	1%*
Total Sugars	2 g	†	†
Includes 2g Added Sugars		8%**	4%*
Vitamin A (as Retinyl Palmitate and Beta-Carotene)	510 mcg	170%	57%
Vitamin C (as Ascorbic Acid)	135 mg	900%	150%
Vitamin D (as D3, Cholecalciferol)	6.9 mcg	46%	35%
Vitamin E (as D-alpha Tocopheryl Acetate)	13.4 mg	223%	89%
Thiamin (as Thiamine HCl)	2 mg	400%	167%
Riboflavin (as Riboflavin-5-Phosphate Sodium)	2 mg	400%	154%
Niacin (as Niacinamide)	10 mg	167%	63%
Vitamin B6 (as Pyridoxine HCl)	2 mg	400%	118%
Folate	225 mcg DFE (135 mcg Folic Acid)	150%	56%
Vitamin B12 (as Methylcobalamin)	6 mcg	667%	250%
Biotin	65 mcg	813%	217%
Pantothenic Acid (as d-Panthenol)	7 mg	350%	140%
Choline (as Choline Bitartrate)	20 mg	10%	4%
Calcium (as Calcium L-Lactate Pentahydrate)	55 mg	8%	4%
Iodine (as Potassium Iodide)	50 mcg	56%	33%
Magnesium (as Magnesium Lactate)	15 mg	19%	4%
Zinc (as Zinc Gluconate)	5 mg	167%	45%
Selenium (as L-Selenomethionine)	35 mcg	175%	64%
Manganese (as Manganese Gluconate)	1.5 mg	125%	65%
Chromium (as Chromium Polynicotinate)	7 mcg	64%	20%
Inositol	20 mg	†	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Percent Daily Values (DV) are based on a 1,000 calorie diet.

† Daily Value (DV) not established.