Creamy



Caramel MCT Oil.

INCREDIBLE TASTE. MIXES INSTANTLY KETO APPROVED.

16 FL 0Z (473 m L) WHOLE FOOD BASED DIFTARY SUPPLEMENT SHAKE WELL BEFORE USE

## Flavor vour day with quality fats.

We believe that quality fats can be an important part of many diets. and that they may be fundamental for feeling productive and focused throughout the day.\*

This is why we took our Organic MCT Oil and made it more convenient than ever. With our flavored MCT Oils, you can now instantly enhance coffee, tea, sparkling water, and more with energizing MCTs. Just stir. sip, and go!

## How to get started:

COFFEE & TEA: Stir 1 thsp into 8oz prepared coffee or tea SMOOTHIES: Add 1 tbsp to your favorite smoothie or shake recipe. SPARKLING WATER & SODA: Stir 1 than into 1207 sparkling water or sugar-free soda.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

indulgence looks like

## **Supplement Facts**

Serving Size: 1 Tablespoon (15mL) Serving Per Container: About 32

Amount Per Serving	% Da	% Daily Value	
Calories 60			
Total Fat	6g	9%*	
Saturated Fat	6g	30%*	
Trans Fat	0g	†	
Cholesterol	0mg	0%*	
Total Carbohydrate	<1g	<1%*	
Dietary Fiber	<1g	<4%*	
Total Sugar	0g	†	
Sodium	0mg	0%*	
Protein	0g	0%*	
	7.0002070000000000000000000000000000000		
Medium Chain Triglycerides	(MCTs)		
C8:0 - Caprylic Acid	3,600mg‡	†	



 Natural variation is expected. Ingredients: Purified Water, Organic MCT Oil from

1,850mg‡

Non-GMO Verified Coconuts, Organic Gum Arabic (Emulsifier), Organic Caramel Flavor, Organic Caramel Color, Sorbic Acid (to Maximize Freshness), Sea Salt, Monk Fruit Extract

Allergens: Contains Tree Nuts (Coconut). Contains No Palm Oil, Coconuts Sustainably and

Humanely Harvested and Processed in Singapore. Usage Warning: MCT oils may react with certain plastics,

including foam cups. Only use with containers/utensils made of metal, glass, ceramic, or safe HDPE/PET plastics. Recommended Dosage: 1-3 tbsp per day. Do not exceed recommended dosage. Excessive consumption

may cause digestive discomfort. Separation is natural, shake well before every use.

Please refrigerate after opening.





















