

Warnings: Keep out of reach of children. As with all dietary supplements, it is recommended to consult with a healthcare professional before adding something new to your health and wellness regimen.

Sealed for your protection. Do not use if blister packaging is missing or damaged. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SAMe

400 mg

(from S-Adenosyl-L-Methionine
Disulfate Tosylate)

Supports Joint, Mood
and Liver Health*



LAKE AVENUE®
NUTRITION

Dietary Supplement
60 Enteric Coated Tablets

Formulated Without:

- GMOs
- Gluten
- Soy

Suggested Use: Take 1 tablet daily with or without food, or as recommended by a Healthcare Practitioner.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

	Amount Per Serving	%Daily Value
SAMe (S-Adenosyl-L-Methionine) (from S-Adenosyl-L-Methionine Disulfate Tosylate)	400 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Ascorbyl Palmitate, Silicon Dioxide (Silica), Ascorbic Acid, Citric Acid, Enteric Coating (Methacrylic Acid Copolymer, Hydroxypropyl Methylcellulose, Polyethylene Glycol, Triacetin, Titanium Dioxide and Riboflavin [as Colorant]).

Not manufactured with milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party cGMP facility that may process other products that contain these allergens or ingredients.



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