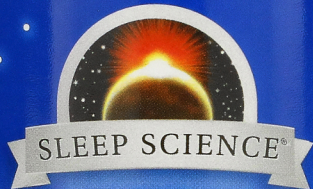


SOURCE NATURALS®



SLEEP SCIENCE®
NIGHTREST™
WITH MELATONIN

MULTI-NUTRIENT & HERB COMPLEX

Dietary
Supplement

100 TABLETS

BIO®
ALIGN

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 50

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	1 g	<1%*
Magnesium (as magnesium amino acid complex)	300 mg	71%
Sodium	5 mg	<1%
GABA (gamma-aminobutyric acid)	500 mg	†
Taurine	300 mg	†
Glycine	250 mg	†
Passionflower Aerial Parts Extract	200 mg	†
Chamomile Flower Extract	100 mg	†
Skullcap Aerial Parts	70 mg	†
Lemon Balm Aerial Parts Extract	60 mg	†
Melatonin	5 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: stearic acid, modified cellulose gum, hydroxypropyl cellulose, dibasic calcium phosphate, acacia gum, silica, and magnesium stearate.

SLEEP SCIENCE® NIGHTREST™ combines the powerful properties of melatonin and GABA with key amino acids and soothing herbs. This uniquely comprehensive combination utilizes cutting edge technology and traditional herbalism to create a potent and relaxing nighttime formula.*

Suggested Use: 1 to 2 tablets as desired 30 to 60 minutes before going to sleep. Do not exceed directed use.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult with your physician before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN0358 REV F201-M
FG-105998 BEST IF USED BY 6/2

Manufactured for:
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