DIRECTIONS

AS A DIETARY SUPPLEMENT TAKE 1 TO 2 SERVINGS PER DAY. FOR BEST RESULTS TAKE 20-30 MIN BEFORE A MEAL WITH AN 80Z. GLASS OF WATER OR A DIRECTED BY YOUR HEALTHCARE PROFESSIONAL.

CAUTION: DO NOT EXCEED RECOMMENDED DOSE.
PREGNANT OR NURSING MOTHERS, CHILDREN UNDER
THE AGE OF 18, AND INDIVIDUALS WITH A KNOWN
MEDICAL CONDITION SHOULD CONSULT A PHYSICIAN
BEFORE USING THIS OR ANY DIETRAY SUPPLEMENT.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.







* These statements have not been evaluated by the Food and Drug Administration. The

LOT # AND EXPIRATION DATE
PRINTED ON BOTTOM OF BOTTLE

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COLLAGEN

SUPPORTS HEALTHY SKIN

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 30

** Daily Value (DV) not established

Amount Per Serving %DV

Premium Collagen
Protein Complex

Contains: Egg, Fish (Cod)

1500 mg

Bovine Collagen Peptides, Hydrolyzed Chicken Collagen Peptides, Pure Hydrolyzed Marine Collagen Peptides, Eggshell Membrane Collagen Peptides, Avian Sternum Collagen Peptides.

Inactive Ingredients: Gelatin Capsules, Magnesium Stearate

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