Suggested Use: Take 1 scoop (3g*) mixed in water or juice daily, or as recommended by

Formulated Without: GMOs, Gluten or Soy.

Warnings: Keep out of reach of children. As with all dietary supplements, it is recomm
healthcare professional before adding something new to your health and wellness regin

Sealed for your protection, do not use if seal is missing or broken. Store in a cool, dry

*3g per scoop is an average. Individual scooping technique may yield slightly less than

THIS PRODUCT IS SOLD & PACKAGED BY WEIGHT, NOT BY VOLUME. SETTLING OF CONTE
AND CANNOT BE AVOIDED.

*This statement has not been evaluated by the Food and Drug Administration. This pr
diagnose, treat, cure, or prevent any disease.

OptiMSM®

Formulated with **OptiMSM®** Methylsulfonylmethane.
OptiMSM® is a registered trademark of Bergstrom Nutrition.

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AVENUE®
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Dietary Supplement

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Serving Size 1 scoop (
Servings Per Containe

MSM (Methylsulfonylm

† Daily Value not estab

Other Ingredients: None.
Not manufactured with milk,
Produced in a third-party GM
ingredients.

Lake Avenue Nutrition® is a

Manufactured for: Madre La
301 N. Lake Ave., Ste. 500, Pas
Contact email: info@LakeAve
LakeAvenueNutrition.com
LREV0521opt200f lkn1628

lement Facts

3g◆)
r About 67

	Amount Per Serving	%Daily Value
nethane)	3g	†

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egg, fish, shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten.
P facility that may process other products that contain these allergens or

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bs, LLC
sadena, CA 91101
nueNutrition.com