## SOURCE NATURALS®



## MAGNESIUM MALATE

SUPPORTS MUSCLES AND ENERGY PRODUCTION\*

180 TABLETS 3,750 MG PER SERVING

## Supplement Facts

Serving Size 3 Tablets Servings Per Container 60

Amount Per	Serving	%DV
Calories	10	
Total Carbohydrate	3 g	1%*
Magnesium (as magnesium malate trihydrate)	425 mg	101%
Sodium	5 mg	<1%
Magnesium Malate Trihydrate	3.75 g	†
Malic Acid	2.5 q	†

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established.

(as magnesium malate trihydrate and malic acid)

Other ingredients: stearic acid, microcrystalline cellulose, acacia gum, magnesium stearate, silica, and modified cellulose gum

Suggested Use: 1 to 3 tablets daily with meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product

Source Naturals MAGNESIUM MALATE is a compound of magnesium and malic acid. It supports proper muscle function, cardiovascular health, and energy production. Malic acid is a natural fruit acid that is present in most cells in the body and is an intermediate in the Krebs cycle, where energy is captured during the metabolism of carbs and fats. Magnesium is an essential cofactor for over 300 enzymatic reactions in metabolism, ATP synthesis and energy production. Magnesium plays important roles in muscle relaxation, because of its function as a cofactor for enzymes and because of its ability to counterfalpens calcium in the cell.\*

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Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

STORE IN A COOL, DRY PLACE.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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