

Vegetarian and Vegan. Free of gluten • wheat •
milk/dairy • eggs • nuts • soy • fish • shellfish •
yeast • sugar • artificial additives.

Bone building formula with added muscle & digestive support*
1,200 mg of calcium & 1,200 mg of magnesium for increased bone density, plus 1,000 IU vitamin D2 to aid calcium absorption, support nerves and muscles, and soothe aches and cramps.* Foods, herbs and enzymes nourish and optimize absorption without stomach upset.*

Ideal for those with active lifestyles who require high amounts of calcium & magnesium, and experience muscle soreness and cramping.* Contains no sugar, major allergens or animal products.

- Promotes bone strength and formation*
1,200 mg calcium • 1,200 mg magnesium
 - Enhances calcium absorption; helps soothe muscles*
Vitamin D2 • betaine HCl • magnesium
 - Aids absorption & digestion*
Vegetable concentrates • digestive herbs • enzymes
- SUGGESTED USAGE:** Take 4 tablets daily with or between meals.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

#1 Natural Multivitamin Brand!

New Look,
Same
Formula!



RAINBOW LIGHT®

Everyday
Calcium™

Food-Based Formula

1,200 mg Calcium & Magnesium
Vitamin D for enhanced absorption*
Enzymes & foods for easy digestion*

Vegetarian & Vegan | Gluten-Free
240 Tablets | Multi-Mineral Supplement

100% Recycled, 100% Recyclable,
BPA-Free Bottle

Please Remove label to recycle bottle.

To open, press along perforation.

Supplement Facts

Serving Size: 4 Tablets
Serving per container: 60

	Amount Per Serving	%DV
Vitamin D (as D2 Ergocalciferol)	1,000 IU	250%
Calcium (as Citrate, Amino Acid Chelate, Carbonate)	1,200 mg	120%
Magnesium (as Oxide, Amino Acid Chelate, Aspartate)	1,200 mg	300%
Digestive Plant-Source Enzymes	160 mg	
Protease	6,492 HUT	
Amylase	2,252 DU	
Lipase	36 FIP	
Cellulase	28 CU	
4:1 Vegetable Juice Blend	40 mg	
Kale, Spinach, Dandelion Greens, Beet	80 mg	
Betaine HCl	40 mg	
4:1 Herbal Extracts (equivalent to 160 mg of herbal powder)		
Stinging Nettle [tops], Horsetail [herb]	27 mg	
4:1 Digestive Herbal Extracts (equivalent to 108 mg of herbal powder)		
Citrus [peel], Gentian [root], Ginger [rhizome]		

*Daily Value (DV) not established.
Other Ingredients (natural mineral or vegetable source): stearic acid, modified cellulose, silica. Coating: Vegetable food glaze (hydroxy propyl cellulose, pharmaceutical glaze.)

KEEP OUT OF REACH OF CHILDREN. Consult your health care professional prior to use if you are pregnant, nursing, or have a medical condition or are taking medication.

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