

SIZE



Nature Made

**Calcium
Magnesium
Zinc**

MADE WITH VITAMIN D₃

WITH VITAMIN D

**DIETARY SUPPLEMENT
300 TABLETS**

**Helps Support
Healthy Bones
and Teeth†**

HELPS SUPPORT HEALTHY BONES AND TEETH – This product has key nutrients that help support strong bones as well aid in nerve, muscle and metabolic functions. Zinc also participates in antioxidant processes.

Vitamin D helps improve calcium absorption.†

Color Derived from Natural Source - No Synthetic Dyes
No Artificial Flavors • No Preservatives • No Yeast • Gluten Free

Supplement Facts
 Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin D ₃ (as Cholecalciferol) 200 IU	50%
Calcium (as Calcium Carbonate) 333 mg	33%
Magnesium (as Magnesium Oxide) 133 mg	33%
Zinc (as Zinc Sulfate) 5 mg	33%

SUGGESTED USE: Take one tablet up to three times daily with meals. For easier swallowing, take with water before and during ingestion. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: Consult a physician before use, if you have kidney disease or if you are taking prescription medications.

OTHER INGREDIENTS: Cellulose Gel, Maltodextrin, Croscarmellose Sodium, Polyvinyl Alcohol-Polyethylene Glycol Graft Copolymer, Silicon Dioxide, Magnesium Stearate, Color Added, Copovidone, Gelatin, Corn Starch.

Distributed by:
Nature Made Nutritional Products
 Mission Hills, CA 91346-9606, U.S.A.
 1-800-276-2878 • www.NatureMade.com

Tableted and Quality Tested in the U.S.A.
 USP has tested and verified ingredients, potency and manufacturing process. www.uspverified.org
 USP sets official standards for dietary supplements.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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