

Directions: Mix 1 scoop (5g*) into water, or your favorite beverage, once a day. Best when used with a blender bottle.

Formulated Without: Gluten or GMOs

*5g per scoop is an average. Individual scooping technique may yield slightly less than or slightly more than 5g.

Warnings: Keep out of reach of children. Consult a medical doctor before taking this supplement, starting a diet, an exercise program, or if you have a medical condition. Do not use if you are pregnant or nursing.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

This product is packaged and sold by weight, not by volume.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sierra Fit

DIETARY SUPPLEMENT

CREATINE MICRONIZED

SUPPORTS MUSCULAR POWER, GROWTH
AND ENERGY PRODUCTION*

UNFLAVORED

NET WT 16 OZ (1 LB) 454 G

Supplement Facts

Serving Size 1 scoop (5g*)

Servings Per Container About 91

	Amount Per Serving	%DV
Creatine Monohydrate	5 g	†

† Daily Value (DV) not established.

Other Ingredients: None.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.



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