



0 CALORIES
SUGARS
CARBOHYDRATES

Directions: Take 3 capsules daily (men) or 2 capsules daily (women) before bed, or as directed by your Healthcare Professional.

Warnings: Keep out of reach of children. Consult a medical doctor before starting a diet, an exercise program, or if you have a medical condition.

Sealed for your protection. Do not use if seal is missing or broken. Protect from heat, light, and moisture.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sierra Fit™

DIETARY SUPPLEMENT

**ZINC, MAGNESIUM
& VITAMIN B6**

SUPPORTS MUSCLE STRENGTH AND RECOVERY*

**NON-GMO
GLUTEN-FREE
90 VEGGIE CAPSULES**

Supplement Facts

Serving Size 3 Capsules (Men), 2 Capsules (Women)
Servings Per Container 30 (Men), 45 (Women)

	Amount per Serving (Men)	% Daily Value (Men)	Amount per Serving (Women)	% Daily Value (Women)
Vitamin B6 (as Pyridoxine HCL)	10.5mg	620%	7mg	410%
Magnesium (as Citrate and Oxide)	450mg	110%	300mg	70%
Zinc (As Aspartate and Mono-L-Methionine)	30mg	270%	20mg	180%

Other Ingredients: Vegetable Cellulose (Capsule), Microcrystalline Cellulose, Gum Arabic, Sunflower Oil, Rice Extract, and Rice Hulls.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party cGMP facility that may process other products that contain these allergens or ingredients.

Sierra Fit™ is a trademark of Madre Labs, LLC

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