

gaia[®]
HERBS

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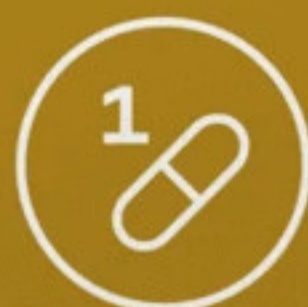
LION'S MANE MUSHROOM

BRAIN & NERVE SUPPORT*

Only fruiting body extracts
Made with organic mushrooms



STRENGTH



ONE A DAY

40

VEGAN CAPSULES
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 40

Amount Per Serving

Organic Lion's Mane (*Hericium erinaceus*) fruiting body extracts 450 mg†

Beta Glucans 83 mg†

† Daily Value not established.

Other ingredients: Vegan capsule (pullulan).

Manufactured for: Gaia Herbs, Inc.,
101 Gaia Herbs Drive, Brevard, NC 28712

Certified Organic by Oregon Tilth.

◊ Each 450 mg capsule is equivalent to 2.5 g of dry mushrooms

SUGGESTED USE

Adults take 1 capsule once daily.
Benefits build over time.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

THE GAIA DIFFERENCE

- ✓ Organic mushrooms
- ✓ Sustainably sourced
- ✓ Guaranteed beta glucan levels
- ✓ Only fruiting bodies



NO GRAIN &
RICE FILLERS



meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing results online. To learn more, enter the unique ID # below at meetyourherbs.com.

BEST BY:

WHY FRUITING BODIES?

We use only the fruiting bodies of mushrooms, as the concentration of active beneficial compounds like beta glucans is greatest in this part vs. the mycelium.



Discover our Guiding Truths at:



gaiaherbs.com
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