

Suggested Use: Take 1 softgel daily with food, or as recommended by a Healthcare Practitioner.

Formulated Without: GMOs or Gluten.

Warnings: Keep out of reach of children. As with all dietary supplements, it is recommended to consult with a healthcare professional before adding something new to your health and wellness regimen.

Sealed for your protection. Do not use if seal is missing or broken.

Store in a cool, dry place.



LAKE AVENUE[®]
NUTRITION

Omega-3 Fish Oil

EPA & DHA

Dietary
Supplement

120 Fish Gelatin Softgels



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Supplement Facts

Serving Size 1 Softgel
Servings Per Container 120

	Amount Per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%*
Omega-3 Fish Oil Concentrate	1.25 g (1250 mg)	†
Total Omega-3 Fatty Acids (as TG)	1037 mg	†
Eicosapentaenoic Acid (EPA as TG)	687 mg	†
Docosahexaenoic Acid (DHA as TG)	262 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Fish Gelatin Softgel (Gelatin [from **Tilapia**], Purified Water, and Vegetable Glycerin), and Mixed Tocopherols.

Contains: Fish (from one or more of the following: Alaska Pollock, Anchovy, Mackerel, & Sardine), and Soy.

Not manufactured with milk, eggs, crustacean shellfish, tree nuts, peanuts, wheat, sesame, or gluten. Produced in a third-party, GMP facility that may process other products that contain these allergens or ingredients.

Lake Avenue Nutrition[®] is a registered trademark of Madre Labs, LLC

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