DIRECTIONS: 1 tablet taken 1 to 3 times daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed the recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured in a facility which may process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

- Keep out of the reach of children
- Store in a cool, dry place
- Do not use if seal is broken





[†] This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ORGANIC ASHWAGANDHA ROOT POWDER

DIETARY SUPPLEMENT

Ayurvedic Adaptogen Formula That Supports A Healthy Response To Stress[†]

Nutrients for Health®

60 TABLETS

Supplement Facts Serving Size: 1 Tablet Amount Per % Daily Value Organic Ashwagandha Root Powder 670mg * Organic black pepper (fruit) 5mg *

Other Ingredients: Organic tapioca maltodextrin, organic silica concentrate, organic film coating (purified water, organic maltodextrin, organic sunflower lecithin, organic palm oil and organic guar gum), and silicon dioxide.

Distributed by: Vitamins Direct (USA), Inc. West Palm Beach, FL 33407 866-354-8384

www.wtrawleigh.com

*Daily Value not established.

Item#102216



Certified Organic by: where Food Comes From Organic