

BE STRONG
WITH OSCAL

CALCIUM SUPPLEMENT
WITH VITAMIN D₃

Os-CAL

CALCIUM+D₃

500mg Calcium • 200 IU Vitamin D₃

• May help reduce the risk of osteoporosis*



210 Caplets

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		% Daily Value
Vitamin D ₃	200 IU	50%
Calcium	500mg	50%

Ingredients: Calcium carbonate, corn syrup solids^{††}. Contains less than 2% of talc, corn starch, sodium starch glycolate[†], polysorbate 80, polyvinyl alcohol, polyethylene glycol 3350, titanium dioxide, yellow 5 lake, blue 1 lake, calcium stearate, methylparaben[†] and propylparaben[†] (preservatives), gelatin, sucrose^{††}, cholecalciferol (vitamin D₃), dl-alpha tocopherol.

^{††} Adds a dietarily insignificant amount of sugar.
[†] Adds a dietarily insignificant amount of sodium.
Each caplet provides 500mg of elemental calcium.
Directions: Take one caplet, twice a day, with meals, or as recommended by your physician. **Elderly patients or those with difficulty swallowing are recommended to take the caplet with a large glass of water (8oz) to minimize the risk of choking.** Caplets may be broken in half. Can be taken along with your multivitamin.

Store below 25°C (77°F). Keep container tightly closed.
KEEP OUT OF THE REACH OF CHILDREN.
Questions or comments? call toll-free 1-800-245-1040 (English/Spanish) weekdays
Important: Do not use if foil inner seal printed "Sealed For Your Protection" is disturbed or missing.

Reasons to choose Os-Cal®:

- Effective in helping maintain strong healthy bones**
- Highly absorbable calcium
- Meets USP dissolution standards
- This Os-Cal Calcium+D₃ has no sugar, lactose, carbohydrates or sodium

*Osteoporosis...

Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

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