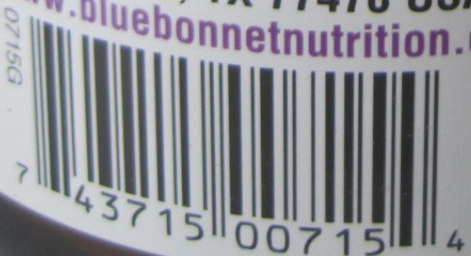


**Directions:** As a dietary supplement, take four caplets once daily or as directed by a healthcare practitioner.

**Bluebonnet's Calcium Citrate Magnesium Plus Vitamin D<sub>3</sub> Caplets** contain calcium in a chelate of calcium citrate and magnesium in a chelate of magnesium aspartate. Plus, pure vitamin D<sub>3</sub> (cholecalciferol) from lanolin. Available in easy-to-swallow caplets for maximum assimilation and absorption.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
12915 Dairy Ashford  
Sugar Land, TX 77478 USA  
[www.bluebonnetnutrition.com](http://www.bluebonnetnutrition.com)



**Bluebonnet**



# Calcium Citrate Magnesium Vitamin D<sub>3</sub>

High Potency Calcium Citrate  
Dietary Supplement  
**90 Caplets**



## Supplement Facts

Serving Size 4 Caplets  
Servings Per Container 22.5

| Amount<br>Per Serving                                 |         | % Daily<br>Value |
|-------------------------------------------------------|---------|------------------|
| Vitamin D <sub>3</sub><br>(as 800 IU cholecalciferol) | 20 mcg  | 100              |
| Calcium (as calcium citrate)                          | 1000 mg | 77               |
| Magnesium<br>(as magnesium aspartate)                 | 400 mg  | 95               |

Daily Value based on a 2,000 calorie diet.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silica, vegetable glaze.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, and sugar.

Minerals are shown in their elemental value.  
Bluebonnet's KOF-K Certification #K-0000700