

For More Information:  
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Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

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**GNC QUALITY COMMITMENT**

For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

**GNC GUARANTEE**

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



Please recycle this box.

**PRENATAL DHA**

GNC Prenatal DHA is a premium, vegetarian source of DHA tailored specifically with the health of your baby in mind. Pregnancy is a special time in a woman's life and a time to be mindful of the nutritional needs of you and your baby. Maternal nutrition before, during and after pregnancy affects both your well-being and your infant's growth.

It is highly recommended that mothers ingest DHA during pregnancy and while nursing for a number of reasons. DHA is a predominant structural omega-3 fatty acid in the brain and retina and is passed through the placenta to the baby. In fact, more than half of the brain is made up of fats, the majority of which is DHA. Following childbirth, it is passed through breast milk. It plays a vital role in supporting the healthy development of a baby's brain, eyes and nervous system.\* In addition, DHA is also vital for a healthy heart and cardiovascular system.\* By aiding in the development of these body systems, GNC Prenatal DHA provides baby with the nutritional support needed during the early phases of life.\* And best of all, each softgel is enteric coated which allows it to break down and absorb in the small intestine. This controls or reduces the unpleasant aftertaste or burps.

A complete nutritional program should be followed prior to conception through pregnancy and maintained while breastfeeding. Talk to your doctor about taking GNC Prenatal DHA in addition to GNC's prenatal multivitamin.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**GNC**

**WOMEN'S  
Prenatal  
DHA**

Dietary Supplement

**ENTERIC COATED\***

- Provides 300 mg of DHA, an omega-3 fatty acid which aids in fetal health and development\*
- Supports brain and eye development\*
- Vital for nervous system growth and support\*
- Important for a healthy heart and cardiovascular system\*
- Non-fish source of DHA

Prenatal

NEW

CODE 298812

**Directions:** As a dietary supplement, take one softgel daily with food. Use before, during and after pregnancy.

**Supplement Facts**

Serving Size One Softgel Capsule

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%†
DHA (Docosahexaenoic Acid) (from Marine Algae Oil Schizochytrium Sp.)	300 mg *

† Percent Daily Value based on a 2,000 calorie diet.

\* Daily Value not established.

**Other Ingredients:** Gelatin, Glycerin, Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acids), Rosemary Extract (Rosmarinus officinalis).

GNC Prenatal DHA has been purified and manufactured for freshness and found to be free of detectable levels of mercury, cadmium, lead and PCBs.

Potency verified by GNC procedure #5123. Conforms to USP <2091> for weight.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, No Gluten, No Cam, No Soy, No Dairy, Yeast Free.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

To ensure a complete nutritional program, take daily with these GNC products:

- Prenatal Multivitamin
- Calcium
- Ultra Probiotic Complex 25
- Gentlesorb Iron™

30 SOFTGELS