

Directions: Mix 1 scoop (14.5 g) into 8 to 10 fl. oz. of water. Best when used with blender bottle.

Warnings: Keep out of reach of children. Consult a medical doctor before starting a diet, an exercise program, or if you have a medical condition.

Sealed for your protection. Do not use if seal is missing or broken. Protect from heat, light, and moisture.

This product is packaged by weight, not by volume.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sierra FiT

DIETARY SUPPLEMENT

BCAA & ELECTROLYTES—

SUPPORT MUSCLE RECOVERY AND HYDRATION"

7 GRAMS OF BCAAS NET WT. 15.34 OZ (435 G)

Supplement Facts

Serving Size 1 scoop (14.5g) Servings Per Container 30

An	ount per Serving	%DV
Calories	10	
Total Carbohydrate	31	15
Total Sugar	0;	
Includes 0g Added Sugars		05
Vitamin B6 (as Pyridoxine Hydrochloride)	0.7mg	415
Chloride (as Potassium Chloride, Sodium Chlor	ride) 330mg	145
Sodium (as Trisodium Citrate Dihydrate, Sodiu	n Chloride) 230mg	105
Potassium (as Potassium Chloride)	200mg	41
BCAA	79	
L-Leucine	3.50	
L-Isoleucine	1.75	
L-Valine	1.75	
L-Glutamine	2.5	
Citrulline Malate (1:1)	10	
		100

^{**} Percent Daily Value based on a 2,000 calorie diet. † Daily Value not established

Other Ingredients: Natural and Artificial Flavors, Citric Acid, Malic Acid, Silicon Dioxide, Sucralose, Acesulfame Potassium, Inulin, Guar Gum, and FD&C Red #40.

This product is not manufactured with milk, eggs, fish, crustracean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cSMP compliant facility that may process other products that contain the containt these allergens or ingredients.

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