

Suggested Use: Take 1 veggie capsule daily before meals or exercise, or as recommended by a Healthcare Practitioner.

Formulated Without: GMOs or Gluten.
Suitable for Vegetarians

Warnings: Keep out of reach of children. As with all dietary supplements, it is recommended to consult with a healthcare professional before adding something new to your health and wellness regimen.

Natural color variation may occur in this product.

Sealed for your protection, do not use if seal is missing or broken. Store in a cool dry place.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



LAKE AVENUE™
NUTRITION

L-Glutamine

1000 mg

**Muscle Tissue &
Immune Function
Support***

**Dietary
Supplement**

240 Veggie Capsules

Supplement Facts

Serving Size 1 Veggie Capsule
Servings Per Container 240

	Amount Per Serving	%Daily Value
L-Glutamine (Free-Form)	1g (1,000 mg)	†
† Daily Value not established		

Other Ingredients: Hypromellose (Cellulose Capsule), Hydroxypropyl Cellulose, Stearic Acid (Vegetable Source), Magnesium Stearate (Vegetable Source), and Silicon Dioxide.

Not manufactured with milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party GMP facility that may process other products that contain these allergens or ingredients.

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