

## PRODUCT #04303

**DIRECTIONS:** As a dietary supplement, take three (3) capsules in the morning with breakfast. Dosage may be increased as directed by a healthcare practitioner. Our products contain organically grown herbs, when available.

Double-sealed for your protection. Do not use if outer seal is broken or missing.

**CAUTION: KEEP OUT OF REACH OF CHILDREN. Not to be taken by pregnant or lactating women.**

Consumer Information Services  
Voice Mail: 800-845-2730  
www.michaelshealth.com

Certified Kosher.



†From Lanolin.

\*\*Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.



\*\*\*OptiZinc® and logo are trademarks of Lonza or its affiliates.

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Made in the U.S.A.  
Family owned and operated.

**MNP** HEALTHCARE  
SOLUTIONS  
SINCE 1984

Michael's® Naturopathic Programs

CREATED BY  
NATUROPATHIC  
DOCTOR  
Michael Schwartz,  
N.D.

NEW  
IMPROVED  
FORMULA

# For Women caps

90 vegetarian  
capsules

DAILY  
MULTI  
VITAMIN

dietary supplement  
Synergistically Complete

## Supplement Facts

30 servings per container

Serving Size

Three (3) Veggie Capsules

Amount Per Serving		% Daily Value
Vitamin A (as Beta Carotene)	2250 mcg	250%
Vitamin C (as Calcium Ascorbate)	150 mg	167%
Vitamin D3 (as Cholecalciferol†)	5 mcg (200 IU)	25%
Vitamin E (as d-alpha Tocopherol Succinate)	67 mg	447%
Thiamin (as Thiamin Mononitrate)	30 mg	2500%
Riboflavin	30 mg	2308%
Niacin (as Niacinamide)	50 mg	313%
Vitamin B6 (as Pyridoxine Hydrochloride)	30 mg	1765%
Folate (as [6S]-5-methyltetrahydrofolic acid equivalent to 15 mcg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt**)	14 mcg DFE	4%
Vitamin B12 (as Methylcobalamin)	75 mcg	3125%
Biotin	75 mcg	250%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	50 mg	9%
Calcium (as Calcium Ascorbate)	18 mg	1%
Iodine (from Kelp)	75 mcg	50%
Zinc (as Zinc Monomethionine***)	75 mg	682%

Proprietary Blend	450 mg
Dong Quai Root ( <i>Angelica sinensis</i> ), Damiana Leaf ( <i>Tournefortia aphrodite</i> ), Dandelion Root ( <i>Taraxacum officinale</i> ), Inositol, Licorice Root ( <i>Glycyrrhiza glabra</i> ), Wild Yam Root ( <i>Dioscorea villosa</i> ), Blessed Thistle (Whole Plant) ( <i>Cnicus benedictus</i> ), Partridge Berry ( <i>Mitchella repens</i> ), Red Raspberry Leaf ( <i>Rubus idaeus</i> )	

\*Daily Value not established.

OTHER INGREDIENTS: Hypromellose(Capsule), Microcrystalline Cellulose, Vegetable Magnesium Stearate and Dicalcium Phosphate.

MANUFACTURED FOR MICHAEL'S® NATUROPATHIC PROGRAMS  
6003 RANDOLPH BLVD, SAN ANTONIO, TEXAS 78233

#michaelshealth

Eco-Friendly  
Material



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