

Suggested Use: Mix 1 rounded teaspoon in the beverage of your choice, preferably between meals, or as recommended by a Healthcare Practitioner.

Formulated Without: GMOs or Gluten.
Suitable for Vegetarians

Warnings: Keep out of reach of children. As with all dietary supplements, it is recommended to consult with a healthcare professional before adding something new to your health and wellness regimen. Natural color variation may occur in this product.

Sealed for your protection, do not use if seal is missing or broken. Store in a cool dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LAKE AVENUE™
NUTRITION

L-Glutamine

5,000 mg

**Muscle Tissue &
Immune Function
Support***

**Dietary
Supplement**

Net Wt. 32 oz. (2 lbs. / 907 g)

Supplement Facts

Serving Size 1 Rounded Teaspoon (approx. 5g)
Servings Per Container 181

	Amount Per Serving	%Daily Value
L-Glutamine (Free-Form)	5g (5,000 mg)	†

† Daily Value not established

Other Ingredients: None.

Not manufactured with milk, egg, fish, shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party GMP facility that may process other products that contain these allergens or ingredients.



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