



**SUGGESTED USE**  
SHAKE WELL BEFORE USING  
Add 1 full squeeze of the dropper bulb  
to 2 oz. of water or juice, 2 to 5 times  
per day. Best taken between meals.  
**Keep Out of the Reach of Children**  
Store away from heat & light

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*Urtica dioica*  
**STINGING  
NETTLE BLEND**  
RESPIRATORY SYSTEM \*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



## Stinging Nettle Blend Liquid Extract

### Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

| Amount Per Serving                            | % DV       |
|-----------------------------------------------|------------|
| <b>Certified organic extract blend:</b>       | 642 mg Ⓔ † |
| <b>Stinging Nettle (<i>Urtica dioica</i>)</b> |            |
| <b>aerial parts Ⓔ &amp; seed Ⓔ</b>            |            |

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (51-61%) & distilled water. **Gluten-Free**

- Ⓔ Certified Organic      Ⓕ Fresh (undried)  
Ⓔ Extraction rate 303 mg fresh herb & 82 mg dry herb per 0.7 ml.

**HERB PHARM • WILLIAMS, OR 97544**  
**800-348-4372 • [www.herb-pharm.com](http://www.herb-pharm.com)**  
Certified organic by Organic Certifiers

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.