

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL
SIZE



GNC

Brewer's Yeast

500 MG

Whole food source of B-vitamins
Essential for carbohydrate metabolism
& energy production*

DIETARY SUPPLEMENT
500 TABLETS

CODE 000659

JNG

Directions: As a dietary supplement, adults and children over 6 years of age, take 8 to 16 tablets daily. May be crushed or swallowed whole. Crushed tablets may be added to milk, fruit or vegetable juices, soups, salads and cereals.

Supplement Facts

Serving Size Eight Tablets

Servings Per Container 62

Amount Per Serving	% Daily Value	
Calories	20	
Total Carbohydrates	2 g	1%†
Protein	2 g	
Thiamin (Vitamin B-1)	0.4 mg	26%
Riboflavin (Vitamin B-2)	0.1 mg	5%
Niacin	1.2 mg	6%

† Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Dry Debittered Brewer's Yeast.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors,
No Preservatives, No Wheat, No Gluten, No Corn, No Soy, No Dairy.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: