



Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

011

Nepeta cataria
CATNIP

NERVOUS SYSTEM

Calming*

HERB  PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Catnip Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Catnip flowering aerial parts
(*Nepeta cataria*)[ⓐ] [ⓑ] extract

674 mg [ⓐ] †

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (45-55%) & certified organic vegetable glycerin.

Gluten-Free

[ⓐ] Certified Organic [ⓑ] Fresh (undried)

[ⓓ] Extraction rate 467 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 1.5

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Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.