

PRODUCT #01059

DIRECTIONS FOR USE: Take the contents of one packet with each meal (3 packets daily). Follow this schedule for 7 days. Throughout the time you are using Michael's® 1 Week Flush™ program, drink plenty of water (non-sap, distilled is best) - 8 glasses or more daily. It is also helpful to increase your consumption of fibrous fruits and vegetables while decreasing consumption of processed foods, meat and dairy products.

See enclosed insert for more information.

Our products contain organically grown herbs, when available.

Double-sealed for your protection. Do not use if outer seal is broken or missing.

CAUTION: Contains phenylalanine and should be avoided by phenylketonurics and women who are pregnant or lactating.

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*****Gugulipid™ is a trademark of Sabinsa Corp.

Consumer Information Services Voice Mail: 800-645-2730 www.michaelshealth.com

Made in a GMP facility that processes egg, fish, milk, shellfish, soy, tree nut and wheat products.

Certified Kosher 

Made in the U.S.A. Family owned and operated.

#michaelshealth

Supplement Your Body's Cleansing Processes

The body carries out its own spontaneous cleansing processes on a daily basis, working to eliminate toxins that we breathe, ingest or absorb from the environment as well as the toxins that form internally as by-products of natural processes such as breathing and digestion. The nutrients and herbs contained in Michael's® 1 Week Flush™ support detoxification and cleansing of the:

- Bloodstream and circulatory system*
- Intestinal tract system*
- Hepatic system (the liver)*

Also: • Supports fat metabolism and fluid balancing*

An easy-to-use, comprehensive
detoxification & cleansing program



HEALTHCARE
SOLUTIONS
SINCE 1984

Michael's® Naturopathic Programs



1 Week Flush™

convenient &
easy-to-use
packets

superior
to herbal
flushes

NO
HARSH
LAXATIVES

3 packets daily
(84 tablets)

vegetarian
dietary supplements
Synergistically Complete

1 week
program

Supplement Facts

7 servings per container

Serving Size Three (3) Packets Daily

Amount Per Serving	Liver Wellness** % Daily Value	Blood Detoxification Factors** % Daily Value	Fat Metabolism Factors** % Daily Value	Fiber & More** % Daily Value
Dietary Fiber				1.34 g 5%*
Vitamin A (as Beta Carotene)	450 mcg 90%			
Vitamin E (as d-alpha Tocopheryl Succinate)	100 mcg 80%			
Thiamin (as Thiamin Hydrochloride)	30 mg 2500%			
Niacin (as Nicotinamide)	30 mg 180%			
Vitamin B6 (as Pyridoxine Hydrochloride)			100 mcg 500%	
Vitamin B12 (as Methylcobalamin)	300 mcg 12,500%			
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 60%			
Choline (as Choline Bitartrate)	200 mg 50%		200 mcg 50%	
Iron (as Iron Amino Acid Chelate†)		2 mg 11%		
Iodine (from Kelp)		5 mcg 10%	225 mcg 500%	
Zinc (as Zinc Monomethionine***)		5 mg 50%		
Manganese (as Manganese Amino Acid Chelate)		5 mg 20%		
Chromium (as Chromium Polysaccharide****)			200 mcg 511%	
Molybdenum (as Molybdenum Amino Acid Chelate†)		600 mcg 1200%		
Potassium (as Potassium Amino Acid Chelate)			50 mcg 2%	

Proprietary Blend 1.75 g (1750 mg) **	Proprietary Blend 1.8 g (1800 mg) **	Proprietary Blend 1 g (1000 mg) **	Proprietary Blend 2.05 g (2048 mg) **
Dandelion Root (Taraxacum officinale), Lactin (from Sunflower), Inositol, Milk Thistle Seed Extract (Silybum marianum), (90% Silymarin), L-Threonine and Butterbur Root Bark H† (Ligusticum sinense)	Proprietary Blend 1.8 g (1800 mg) ** Echinacea angustifolia Root, Red Clover Flower (Trifolium pratense) and Dandelion Root (Taraxacum officinale)	Proprietary Blend 1 g (1000 mg) ** Lactin (from Sunflower), Inositol, Guggul Gum***** (from Commiphora mukul), 2.5% Guggulsterones and L-Phenylalanine	Proprietary Blend 2.05 g (2048 mg) ** Flea Bean (Cytisus latifolius), Fava Bean (Lupinus sativus), Pigeon Seed Husk (Plantago psyllium), Apple Fruit, Garlic Clove Extract (Allium sativum), Pumpkin Seed (Cucurbita pepo), Nutritional Yeast††† (Saccharomyces), Dandelion Root (Taraxacum officinale), Marshmallow Root (Althaea officinale) and Oats Leaf (Avena sativa)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Modified Cellulose Gum, Vegetable Magnesium Stearate, Silicon Dioxide and Pharmaceutical Glaze (Shellac, Polyurethane).

†Contains soy. ††Contains tree nut.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
6000 RANDOLPH BLVD
SAN ANTONIO, TEXAS 78239

PRODUCT BEST IF USED WITHIN
3 YEARS OF MFG DATE
(DATE OF MANUFACTURE)



• These statements have not
been evaluated by the Food
and Drug Administration.
These products are not
intended to diagnose, treat,
cure or prevent any disease.

⚠WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P60Warnings.ca.gov.

⚠WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

- Helps cleanse the bowel*
- May help decrease appetite*
- Aids digestion*

