

Suggested Use: As a dietary supplement, take two (2) capsules once daily, with at least 8 oz. of water or as directed by a healthcare professional. Do not exceed recommended dosage in 24 hour period.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



Warning: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking anti-depressants, birth control pills or other medications, consult with your healthcare professional before using this product.. Discontinue use two weeks prior to surgery. Use of this product may cause your skin to be extra sensitive to UV sources such as artificial or natural sunlight. Avoid excessive exposures from these sources.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Product has been manufactured at a cGMP facility.

Distributed by: Dr. Emil Nutrition | 3706 Butler Street
Pittsburgh, PA 15201 | 844-437-3645 | dremilnutrition.com



dr. emil
— NUTRITION —

EZ DOZE

Supports Restful Sleep*
Time Released with B12
to wake up refreshed*



DIETARY SUPPLEMENT
60 CAPSULES/30-DAY SUPPLY

NEW

Supplement Facts

Serving Size 2 Capsule(s)
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B6 (as Pyridoxine HCl)	6.23mg	366%
Folate (as Folic Acid)	12750mcg DFE	3,188%
Vitamin B12 (as Methylcobalamin)	156.80mcg	6,533%
Magnesium (as Magnesium Bisglycinate Chelate (TRAACS®))	20mg	5%
GABA (Gamma - Aminobutyric Acid)	350mg	**
St. Johns Wort (0.3% Hypericin) (<i>Hypericum Perforatum L.</i>) (Root)	200mg	**
Inositol	175mg	**
L-Theanine	175mg	**
Valerian Root Powder (<i>Valeriana officinalis</i>)	150mg	**
Lemon Balm 10:1	75mg	**
Passion Flower Extract 10:1	55mg	**
5-Hydroxytryptophan (5-HTP)	30mg	**
Lithium Orotate (9% elemental Lithium)	3.8mg	**

* Percent daily values are based on a 2,000 calorie diet.

** Percent daily value not established.

Other Ingredients: Magnesium Stearate, Microcrystalline Cellulose, Hypromellose.