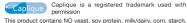
Other ingredients: Cellulose, gelatin (capsule), ultra refined fish oil concentrate (from anchovy and mackerel), vegetable stearate, silica, glycerin, water, rosemary extract, ascorbyl palmitate, mixed tocopherols, Hydroxypropyl methylcellulose (vegetarian capsule), medium chain triglycerides, polysorbate 80, polyglycerol fatty acid esters, citrus oil extract (Citrus sinensis, peel), ethylcellulose, coconut oil, ammonium hydroxide, sodium alginate and stearic acid.

††Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin,

Cryptoxanthin, and additional Lutein and Lycopene.



Caplique is a registered trademark used with permission

artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 1 pack daily with meals or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN

For optimal storage conditions, store in a cool, dry place, (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt,



VESIS RB® VESIsorb is a registered trademark of SOURCEONE GLOBAL PARTNERS

Essential-4 Nutrition Pack

A Dietary Supplement



30 Packs

Supplement Facts

Digestive and Prebiotic Blend.

FOS (fructooligosaccharides) and Ulmus fulva (inner bark)

Serving Size 1 Pack (4 Tablets / 2 Softgels / 1 Capsule / 1 Caplique® capsule per pack) • Servings Per Container 30

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Calories		Proprietary Organic Fruit and Vegetable Blend	
Calories from Fat. 16 Total Fat 1.8 g	3%	Organic beet powder (root), Organic carrot powder (root), Organic	
Total Fat	370	black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape	
Vitamin A (33% [2,500 IU] as Vitamin A Palmitate /	150%	powder (fruit), Organic green cabbage powder (whole plant), Organic collard greens powder (leaf), Organic mountain cranberry	
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate /		powder (fruit), Organic kale powder (whole plant), Organic Parsley powder (whole plant), Organic pomegranate powder (fruit), Organic raspberry powder (fruit), Organic spinach powder (whole plant).	
Vitamin D-3 500 IU	125%	Natural Coenzyme Q10	
Vitamin E (natural, as d-alpha tocopheryl210 IU	700%	L-Cysteine / N-Acetyl L-Cysteine	
and mixed tocopherols)		Betaine (from 75 mg Betaine HCI)	
Thiamine	3,333%	Rose Hips 50 mg	
Riboflavin	1,471%	Lemon Bioflavonoids 50 mg	
Niacin/Niacinamide	475%	Garlic (bulb. Pure-Gar ^a , odorless) 50 mg	
Vitamin B-6 (as Pyridoxine HCI /	2,500%	Cauliflower (entire plant)	
Pyridoxal-5-Phosphate Complex)		Caulmower (entire plant)	
Folate (as L-methylfolate, Metafolin®)400 mcg	100%	Spirulina	- 1
Vitamin B-12 125 mcg	2,083%	Chlorella (broken cell wall) 50 mg	- :
(as methylcobalamin)	50%	Green Papaya Extract (fruit)	
Biotin		Inositol 50 mg	
Calcium (as Calcium Citrate/Ascorbate Complex)	2,500%	Blackberry (fruit)	
lodine (from Kelp)	67%	Celery Powder (leaf)	
Magnesium (as Magnesium Aspartate /	63%	Black Radish Powder (root)	
Ascorbate Complex)	0376	Apricot powder (fruit)	
Zinc (as Zinc Amino Acid Chelate)	87%	Choline (from 75 mg Choline Citrate / Bitartrate)	
Selenium (as Selenium Krebs††/ Kelp complex)	143%	Green Tea Extract (leaf)	
Copper (as Copper Amino Acid Chelate)	50%	Apple Pectin (fruit)	
Manganese (as Manganese Aspartate Complex)	250%	PABA (para-aminobenzoic acid)	
Chromium (Organically bound with GTF	83%	Bromelain (2,000 GDU / g)	
activity-low allergenicity)	0070	Red Wine Proanthocyanidins / Pine Bark Extract	
Molybdenum (as Molybdenum Krebs††)50 mcg	67%	Hesperidin	
Potassium (as Potassium Aspartate Complex)	196	Rutin	
Totabalam (ab Fotabalam Abpartate Gomplex)	170	Glutamic Acid (from 13 mg Glutamic Acid HCI)	
Multi-Strain Probiotic Blend 4 Billion CFU		L-Methionine 6.3 mg	
Containing:		Lutein (natural) 3 mg	
		Lycopene (natural)	
Lactobacillus acidophilus (DDS-1)1.150 Billion CFU		Boron (as Boron Aspartate / Citrate complex) 0.75 mg	
Lactobacillus rhamnosus (Lr-32)	- 1	Zeaxanthin 0.5 mg	
Lactobacillus rhamnosus (Bifidus)(HA-114)		Trace Elements (from Sea Vegetation)	
Lactococcus lactis (LI-23)	•	Vanadium (as Vanadium Krebs††)	
Bifidobacterium longum (BI-05)			
Bifidobacterium bifidum (Bb-02)		†Percent Daily Values based on a 2.000 calorie diet.	
Streptococcus thermophilus (St-21)		*Daily Value not established.	

Formula #65387