

Konsyl®

DAILY PSYLLIUM FIBER



Simply **1** Ingredient

Made From Nature

100% All-Natural



VEGAN



NON
GMO



SUGAR
FREE



GLUTEN
FREE

POWDER FIBER SUPPLEMENT

NET WEIGHT 14.2 oz (402g)

Konsyl®

WHOLE BODY WELLNESS STARTS WITH YOUR GUT

We share natural & simple products, empowering individuals to live a life of health & wellness. Konsyl Daily Psyllium Fiber is a superior product, made from one all-natural, plant based ingredient that helps support digestive health.

DIRECTIONS: MIX OR SHAKE

**1 TEASPOON (6g) WITH AT LEAST
8 FLUID OUNCES (A FULL GLASS)
OF WATER OR YOUR
FAVORITE BEVERAGE**



Helps Support
Digestive Health



Helps Support
Healthy Weight*



Helps Support Healthy
Blood Sugar Levels*



See the full line of
products at [konsyl.com](https://www.konsyl.com)

Home Delivery.
One Click Away!



[konsyl.com](https://www.konsyl.com)



Supplement Facts

Serving Size 1 teaspoon (6g)
Servings Per Container 67

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 5g	2%*
Dietary Fiber 5g	18%*
Soluble Fiber 3g	†
Iron 1mg	6%*

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

INGREDIENT: POWDERED PSYLLIUM HUSKS

Manufactured For
Konsyl Pharmaceuticals, Inc. Easton, MD 21601

PRODUCT OF INDIA

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Directions: Adults and children 12 years and over: One teaspoon 1 to 3 times daily. Children 6 to under 12 years of age: 1/2 teaspoon 1 to 3 times daily. Follow with additional fluid to aid product action, before or after meals, mornings or evenings. Children under 6 years of age: consult a doctor. Notice: This product should be taken with at least a full glass of liquid. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. ⚠️WARNING: This product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov. Read entire label. Allergy Alert: Inhaled or ingested psyllium powder may cause an allergic reaction in people sensitive to psyllium.

Questions or Comments? To report a serious adverse event or if you have any questions or comments, contact +1-410-822-5192

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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