

Holland & Barrett products are subject to critically stringent quality assurance. Our commitment to quality is the highest in our industry to ensure the best quality nutritional supplements money can buy. **You have our guarantee!**

No Artificial Colours, Flavours or Preservatives. No added Sugar, Sweetener or Salt. No Porcine.

Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if adverse reactions occur. Contains caffeine. Not recommended for children or pregnant women. Not intended for use by persons under the age of 18. Keep out of reach of children. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **HB42981**
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HOLLAND & BARRETT

Ultra Greens



**With Spinach, Spirulina, Alfalfa,
 Kale and Wheatgrass**

FOOD SUPPLEMENT
 Suitable for Vegetarians and Vegans

**60
 CAPSULES**

Directions: Take three capsules three times daily, preferably with meals. Do not exceed stated dose.

Nutritional Information

One capsule contains:		Nine capsules contain:	
Alfalfa Grass	450mg	Grapeseed Extract	90mg
Medicago sativa (leaves)		(Vitis vinifera) (seeds)	
Astragalus Root	90mg	(120:1 extract, equivalent to	
Astragalus membranaceus (root)		10,800mg Grapeseed)	
Barley Grass	180mg	(Standardised to contain 95%	
Brussels sprouts (leaves)		polyphenols)	
Broccoli	180mg	Kale (Brassica oleracea) (leaves)	900mg
Brassica oleracea var. italica		Siberian Ginseng Extract	90mg
Carrot (Daucus carota)	90mg	(Eleutherococcus senticosus) (root)	
Chlorella (Chlorella pyrenoidosa)	765mg	(30:1 extract, equivalent to 2,700mg	
Ginkgo Biloba Extract	90mg	Siberian Ginseng)	
Ginkgo Biloba (leaf)		Soya Flour (Glycine Max)	135mg
50:1 extract, equivalent to 4,500mg		Spirulina	900mg
Ginkgo Biloba		(Arthrospira platensis) (algae)	
Standardised to contain 24%		Spinach Leaf Extract	180mg
Ginkgo Flavone Glycosides, 21.6mg		(Spinacia oleracea)	
and 1% Terpenes, 5.4mg)		(50:1 extract, equivalent to 9,000mg	
Green Tea Extract	90mg	Spinach)	
(Camellia sinensis) (leaves)		Tomato	90mg
20:1 extract, equivalent to		(Solanum lycopersicum)	
1,800mg-2,250mg Green Tea)		Wheat Grass	180mg
Standardised to contain 90% polyphenols		(Triticum sativum) (leaves)	
One capsule contains 9mg (maximum) of caffeine.			

Ingredients: Capsule Shell (Hydroxypropyl Methylcellulose), Spirulina Powder, Kale Powder, Chlorella, Alfalfa Grass Powder, Broccoli Powder, Barley Grass Powder, Wheat Grass Powder, Spinach Leaf Extract, Soya Flour, Tomato Powder, Green Tea Extract, Carrot Powder, Grapeseed Extract, Astragalus Root Powder, Siberian Ginseng Extract, Ginkgo Biloba Extract.

For Allergens - see ingredients in bold