

DIRECTIONS: As a dietary supplement, adults take 5 capsules at or before bedtime.

WARNING: KEEP OUT OF REACH OF CHILDREN. Do not use if pregnant or nursing. Not intended for use by persons under the age of 18 years. Consult a physician before using this product if you have any medical condition, if you require surgery, or if you are taking any over-the-counter or prescription medication. Use only as directed. Do not exceed recommended serving, as improper use of this product does not enhance results. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NEW

VITA FREAK

HYBRID MULTIVITAMIN

**Sleep, Skin & Immunity
Support Supplement***



**Zinc, Magnesium
& GABA**



**Elderberry
& Echinacea**



**Biotin + Lutein
& Zeaxanthin**

Dietary
Supplement

PHARMAFREAK

**150 Capsules
30 Servings!**

Supplement Facts

Serving Size: 5 Capsules

Servings per Container: 30

Amount per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	500 mg 556%
Vitamin D (as Cholecalciferol)	20 mcg 100%
Vitamin E (as D-Alpha Tocopheryl Succinate)	20.1 mg 134%
Vitamin K (as Menquinone-7)	120 mcg 100%
Thiamin (as Thiamine HCl)	1.5 mg 125%
Riboflavin	1.7 mg 131%
Niacin	20 mg 125%
Vitamin B6 (as Pyridoxine HCl)	10.5 mg 618%
Folate (as L-5-Methyltetrahydrofolate Calcium)	400 mcg 100%
Vitamin B12 (as Methylcobalamin)	10 mcg 417%
Biotin	100 mcg 333%
Pantothenic Acid (as Calcium-D-Pantothenate)	10 mg 200%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Aspartate)	450 mg 107%
Zinc (as Zinc Methionine and Zinc Aspartate)	30 mg 273%
Selenium (as L-Selenomethionine)	50 mcg 91%

Other Ingredients: Vegetable capsule (Hypromellose), Rice Flour, Magnesium Stearate.

Amount per Serving	% Daily Value
Copper (as Cupric Oxide)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Picolinate)	40 mcg 114%
Molybdenum (as Sodium Molybdate)	75 mcg 167%
Immune Complex*	200 mg
European Elder Fruit Powder	Δ
Echinacea purpurea Herb Powder	Δ
Sleep Complex*	200 mg
Gamma Aminobutyric Acid (GABA)	Δ
L-Theanine	Δ
Skin Glow Complex*	12 mg
Lutein	Δ
Zeaxanthin	Δ

* Percent Daily Values are based on a 2,000 calorie diet.
Δ Daily Value not established.

PHARMAFREAK

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Manufactured in the
USA from foreign and
domestic ingredients.

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