

MK-7 (Menaquinone-7), an enhanced bioactive form of vitamin K2, is ten times better absorbed than vitamin K1 from spinach. MK-7 is responsible for the carboxylation of specific bone proteins needed for building bones. Also, MK-7 promotes cardiovascular health by helping to maintain arterial elasticity.\* Certain research publications indicate that MK-7 may help support the following:

- Supports healthy bones\*
- Supports healthy cardiovascular function\*
- Supports healthy aging\*

**SUGGESTED USE:** As a dietary supplement, take one (1) capsule daily with a meal or as directed by your qualified healthcare professional.

MenaQ7® is a patented form of Vitamin K2 and is a registered trademark of NattoPharma ASA, Norway.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MADE IN USA



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**Best Naturals®**

# MK-7 Vitamin K2

**MenaQ7®**  
Vitamin K2 as MK-7



**100 mcg**

*3rd Party Lab Tested*

60 VCAPS

DIETARY SUPPLEMENT

## Supplement Facts

Serving size: 1 vcap

Servings per container: 60

	Amount per serving	%Daily Value
Vitamin C (from ascorbyl palmitate)	2 mg	2%
Vitamin K2 (as menaquinone-7)(MK-7)	100 mcg	83%

**Other Ingredients:** Cellulose (capsule), silica, vegetable magnesium stearate, microcrystalline cellulose.

**CAUTION:** For adults only, if you are pregnant, nursing, taking any medications (especially anticoagulants [e.g. Warfarin/Coumadin]), or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Egg, No Lactose, No Gluten, No Wheat, No Fish. Sodium Free.*

Manufactured for Best Naturals,  
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[www.shopbestnaturals.com](http://www.shopbestnaturals.com)

For additional information call 1-877-659-6004

Lot#

Exp#

