



REGULAR STRENGTH

Supplement Facts

Serving Size 1.93 fl oz

Amount Per Serving		% Daily Value*
Niacin (as Niacinamide)	30mg	188%
Vitamin B6 (as Pyridoxine Hydrochloride)	40mg	2353%
Vitamin B12 (as Cyanocobalamin)	500mcg	20833%
Choline	2mg	<1%
Sodium	15mg	1%
Potassium	13mg	<1%
Energy Blend	1870mg	**
Taurine, Glucuronic acid (as or from glucuronolactone), Malic Acid, N-Acetyl L-Tyrosine, L-Phenylalanine, Caffeine (200mg), Citicoline		

*Percent Daily Values are based on a 2,000 calorie diet. **Daily value not established.

Other Ingredients: Purified Water; Natural and Artificial Flavors; Sucralose; Potassium Sorbate, Sodium Benzoate and EDTA (to protect freshness).

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5-hour ENERGY®

RECOMMENDED USE: Take one half (1/2) bottle for moderate energy. Take one whole bottle for maximum energy. Do not exceed two bottles daily, consumed several hours apart. Use or discard any remainder within 72 hours (three days) after opening. Refrigeration not required.

CAUTION: Contains caffeine comparable to a cup of the leading premium coffee. Limit caffeine products to avoid nervousness, sleeplessness, and occasional rapid heartbeat. You may experience a Niacin Flush (hot feeling, skin redness) that lasts a few minutes. This is caused by increased blood flow near the skin. Do not take if you are pregnant or nursing. Not recommended for children. If you are taking medication or have a medical condition, consult your doctor before use.

Phenylketonurics: Contains phenylalanine.

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Individual results may vary. See www.5hourenergy.com for more details.

Distributed by
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