

- + replenishes collagen*
- + fights the effects of aging*
- + revitalizes skin, hair & nails*
- + enhanced with vitamin C & biotin

Collagen is a major structural protein (found in skin, bones, joints, muscles and blood vessels). As we age, collagen naturally breaks down and diminishes over time – leading to the early signs of aging.

Youtheory® Collagen Instant-Mix is specially designed to help counteract this natural aging process.* Supplying 6,000 mg of hydrolyzed collagen per serving, this convenient and easy-to-use product can help replenish the body's supply of collagen, while delivering powerful health benefits.*



collagen

instant-mix

6,000 mg† | skin, hair & nail formula

15 powder packets 0.27 oz (7.7 g) each

Net Wt. 4 oz (115 g)

dietary supplement

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

†6,000 mg Collagen per daily serving.

manufactured by:
nutrwise
 irvine, ca 92618 U.S.A.
 888.271.8976
youtheory.com



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: (Adults) Mix one (1) packet in 6 to 8 ounces of water, coffee or fruit juice.

Supplement Facts

Serving Size: 1 packet (7.7 g)
 Servings Per Container: 15

	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	200 mg	222%
Biotin	2.5 mg	8,333%
Hydrolyzed Collagen	6,000 mg	**

**Daily Values not established

Other Ingredients: Natural vanilla flavor, silicon dioxide.

This product is manufactured in a facility that processes fish extracts.