- + 5,000 mg collagen per serving
- replenishes beauty proteins*
- + revitalizes skin, hair & nails*
- + reduces fine lines and wrinkles*



Collagen is the most abundant protein in the body and helps give structure to your skin, hair and nails. As you get older, your body's natural ability to produce collagen will decrease over time - leading to visible signs of aging.

Youtheory® Collagen Liquid is designed to help counteract age-related collagen loss." With 5,000 mg of uniquely soluble and highly absorbable collagen peptides, this great-tasting liquid formula provides the building blocks to support healthy aging and a more youthful appearance." Use daily for optimal results."

Amino acid values listed below represent typical averages for edible hydrolyzed collagen and are for informational purposes only. Per serving:

Alanine	405 mg	Hydroxylysine	60 mg	Phenylalanine	105 mg
Arginine	420 mg	Hydroxyproline	585 mg	Proline	575 mg
Aspartic Acid	330 mg	Isoleucine	75 mg	Serine	170 mg
Glutamic Acid	620 mg	Leucine	145 mg	Threonine	95 mg
Glycine	1,030 mg	Lysine	170 mg	Tyrosine	25 mg
Histidine	40 mg	Methionine	30 mg	Valine	120 mg

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. KEEP OUT OF REACH OF CHILDREN. Store in a cool and dry place after opening.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease





beauty on the go.

- + Supports skin, hair and nails*
- + Great tasting. Ready to drink.
- + 5,000 mg collagen per single dose

Suggested Use: (Adults) Shake well and consume one (1) liquid packet per day directly by mouth.

Supplement Facts

Serving Size: One liquid packet (30 ml) Servings Per Container: 12

	Amount Per Serving	% Daily Value
Calories	20	
Protein	5 g	
Collagen Liquid Blend Verisol® Collagen Peptides, Hydrolyzed Collagen Peptides	5,000 mg (2,500 mg) (2,500 mg)	**

**Daily Value not established

Other Ingredients: Purified water, malic acid, citric acid, natural berry flavor, stevia leaf extract.

Clinical studies have shown that 2,500 mg of Verisol Collagen Peptides per day may help reduce the appearance and depth of wrinkles, while also improving skin appearance of cellulite and increasing skin elasticity.*

Verisol® is a registered trademark of GELITA AG.







natural flavors









youtheory.com



12 - 1 fl oz (30 ml) net wt. 12 fl oz (360 ml)