SUGGESTED USE: Shake bottle gently before each use. Take one tablespoon per day or as directed by your healthcare professional.

STORAGE INSTRUCTIONS: Store at room temperature away from direct sunlight. Keep tightly closed. For longer shelf life, refrigerate after opening.

WARNING: Consult your healthcare professional before use if you are pregnant, nursing, taking medications, have a known medical condition, or for any use by minors. Do not use if safety seal is broken or missing. KEEP OUT OF REACH OF CHILDREN. For nutritional use only.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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SUGAR FREE GLUTEN FREE

NO ARTIFICIAL COLORS OR SUGARS • NO SYNTHETIC FILLERS OR BINDERS

Contains shellfish derivates. Does not contain milk, eggs, fish, tree nuts, peanuts, wheat or soybeans.



SUPPLEMENTS AS GOOD AS FOOD

ESSENTIALS

Life's Daily Multivitamin*

14 FL OZ (420 mL) DIETARY SUPPLEMENT

Supplement Facts

Serving size: 1 Tbsp. (15 mL) Servings per container: 30

Amount Per Serving % Daily \	/alu
Vitamin A (palmitate) 2,500 IU	50%
	1000%
Vitamin D (cholecalciferol) 1000 IU	250%
Vitamin E (dl-alpha tocopheryl acetate)100 IU	335%
Vitamin K (phylloquinone) 50 mcg	60%
Vitamin B1 (thiamine) 10 mg	6669
Vitamin B2 (riboflavin) 10 mg	590%
	50%
Vitamin B3 (niacinamide) 10 mg	100%
Vitamin B5 (calcium pantothenate) 10 mg	250%
Vitamin B6 (pyridoxine HCI) 5 mg	
Folic acid 400 mcg	1009
Vitamin B12 (methylcobalamin) 25 mcg	4179
Biotin 300 mcg	1009
Choline 25 mg	,
Inositol 25 mg	7
PABA (Para-aminobenzoic acid) 25 mg	,
Betaine*** HCL 10 mg	,
Calcium*** (citrate) 50mg	59
Magnesium*** (citrate) 75mg	209
Zinc (citrate) 5mg	309
Selenium (aspartate) 25 mcg	409
Manganese (sulfate) 2 mg	1009
Molybdenum 75 mcg	1009
Potassium*** (chloride) 25 mg	<19
Chromium (chloride) 200 mcg	1709
Digastion & Blood Cugar Blood 100 mg	-
Digestion & Blood Sugar Blend 190 mg	
Colloidal minerals, Ginger root, Senna leaf, Fennel seed,	
Garcinia, Cambogia, Gymnema, Slippery elm, Kola nut	
seed, Chlorella, Milk thistle, Hawthorne berry,	
Marshmallow root	,
Amino Acid Blend 100 mg	
Glutamic acid, Aspartic acid, L-Alanine, L-Arginine,	
L-Carnitine, L-Cysteine, L-Glycine, L-Histidine,	
L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Valine,	
L-Phenylalanine, L-Proline, L-Serine, L-Threonine,	
T	,
L-Tyrosine, L-Taurine	,
Antioxidant & Microbial Blend 100 mg	
Antioxidant & Microbial Blend 100 mg Glutathione, Burdock root, Pau d'Arco, Red wine extract,	
Antioxidant & Microbial Blend 100 mg Glutathione, Burdock root, Pau d'Arco, Red wine extract, Quercitin, Lycopene, Holy basil, Chicory, Echinacea	1
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Daily Value not established. *Ionized Minerals

Other Ingredients: Purified water, vegetable glycerin, citric acid, xanthan gum, monk fruit extract, natural flavor, sorbic acid potassium salt, chlorophyll.