

meijer

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Women's
ingredients†

GUMMY
women's
multivitamin

DIETARY SUPPLEMENT

**Includes 14 Essential
Vitamins and Minerals**

150 Gummies

NATURAL MIXED BERRY FLAVORS

Suggested use: As a dietary supplement, adults take two (2) gummies vitamins per day. Chew thoroughly before swallowing.

Supplement Facts

Serving Size 2 Gummy Vitamins
Servings Per Bottle 75

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%*
Total Sugars	3 g	**
Includes 3 g added sugars		
Vitamin A (as retinyl palmitate)	450 mcg RAE	50%
Vitamin C (as ascorbic acid)	30 mg	33%
Vitamin D (as cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin E (as dl-alpha-tocopheryl acetate)	18.8 mg	125%
Niacin (as inositol niacin)	8 mg NE	50%
Vitamin B-6 (as pyridoxine HCl)	2 mg	118%
Folate	400 mcg DFE (240 mcg folic acid)	100%
Vitamin B-12 (as cyanocobalamin)	7.2 mcg	300%
Biotin	150 mcg	500%
Pantothenic acid (as calcium d-pantothenate)	3 mg	60%
Calcium (as tricalcium phosphate)	100 mg	8%
Iodine (as potassium iodide)	40 mcg	27%
Zinc (as zinc chelate)	2.2 mg	20%
Chromium (as chromium picolinate)	35 mcg	100%
Inositol (as inositol niacin)	2 mg	**
Boron (as boron citrate)	150 mcg	**

* Percent Daily Values based on a 2000 calorie diet.
** Daily Value not established.

Other ingredients: Sugar, glucose syrup, water, gelatin, less than 2% of: palm oil and carnauba wax, citric acid, colors (carrot and cranberry concentrate, carrot, spirulina and pumpkin concentrate, lycopene), lactic acid, natural flavors and pectin.

KEEP OUT OF THE REACH OF CHILDREN.

Warnings: Take only as directed. Do not exceed suggested dosage. If you have a medical condition are on medication, are pregnant or nursing or have questions regarding your nutritional needs, consult a qualified healthcare professional before using this product. Do not use if the inner seal is broken or missing. This product may settle during shipping. Do not expose to excessive heat or moisture. Colors will darken over time. This does not alter the potency of the product.

Questions or comments? 1-617-848-4560

MADE IN SPAIN

DIST. BY MEIJER DISTRIBUTION, INC.
GRAND RAPIDS, MI 49544
www.meijer.com

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