

- + 6,000 mg collagen per serving
- + replenishes beauty proteins*
- + helps counteract skin-aging*
- + revitalizes skin, hair & nails*

Collagen is the most abundant protein in the body. As we age, collagen naturally breaks down and diminishes over time – leading to the early signs of aging (including wrinkles, thinning hair, brittle nails and weaker joints).

Youtheory® Collagen can help you achieve inner health and outer beauty.* Providing 6,000 mg of easily digested and highly absorbable collagen peptides per serving, this formula supplies the essential building blocks to support healthy aging and a more youthful appearance.* It also features a daily dose of vitamin C to help aid normal collagen formation and boost antioxidant protection.*



collagen

skin, hair & nail formula | 6,000 mg†

enhanced with vitamin C

290 tablets

dietary supplement

Suggested Use: (Adults) Take six (6) tablets per day, all at once or in divided doses.

Supplement Facts

Serving Size: 6 tablets
Servings Per Container: 48

	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	90 mg	100%
Hydrolyzed Collagen	6,000 mg	**

**Daily Value not established

Other Ingredients: Magnesium stearate (vegetable source).

This product is manufactured in a facility that processes fish extracts.

Amino acid values listed below represent typical averages for edible hydrolyzed collagen and are for informational purposes only. Per 6 tablet serving:

Alanine	486 mg	Hydroxylysine	72 mg	Phenylalanine	126 mg
Arginine	504 mg	Hydroxyproline	702 mg	Proline	690 mg
Aspartic Acid	396 mg	Isoleucine	90 mg	Serine	204 mg
Glutamic Acid	744 mg	Leucine	174 mg	Threonine	114 mg
Glycine	1,236 mg	Lysine	204 mg	Tyrosine	30 mg
Histidine	48 mg	Methionine	36 mg	Valine	144 mg

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

†6,000 mg hydrolyzed collagen per daily serving.



dairy free



soy free



no gluten ingredients



no binders or fillers

manufactured by:
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youtheory.com

youtheory | made for all of you™

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

